



# VitaRelax

Do you feel stressed, anxious or tense? Are you afraid of the addiction potential of prescription anxiety medication? Do you just want to relax without pills or alcohol? We have a solution for you. VitaRelax was developed specifically to reduce the harmful effects of stress and anxiety. Scientific research has shown that increased levels of stress are associated with higher rates of depression, cardiovascular disease, gastrointestinal complications and sleep disorders. VitaRelax is a combination of natural substances already found in your body. This infusion contains gamma-aminobutyric acid (GABA), the neurotransmitter in the brain that causes a feeling of relaxation. VitaRelax also contains magnesium, glycine, and taurine. Magnesium acts to help reduce overall muscle tension, while glycine and taurine act synergistically with GABA to increase its relaxation effect.

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**0.9% Normal Saline** 500-1000 ml of fluids.

**Magnesium** plays an active role in over 600 biochemical reactions in the body including muscle relaxation, nerve signal conduction, regulates metabolism of proteins, DNA, fatty acids and carbohydrate.

**Inositol** is a simple carbohydrate that is effective at treating multiple health conditions.

**Neuropeptides** is a collection of proteins and amino acids that support neuronal repair and help maintain mental sharpness.

**GABA** is an inhibitory neurotransmitter with multiple crucial properties. It functions to improve mood, focus, promote relaxation and reduce overall stress levels. GABA is produced by the body and is one of our endogenous neurotransmitters. Low levels of GABA have been linked to depression, anxiety, sleep disorders.

