



VitaRelax

Do you feel stressed, anxious or tense? Are you afraid of the addiction potential of prescription anxiety medication? Do you just want to relax without pills or alcohol? We have a solution for you. VitaRelax was developed specifically to reduce the harmful effects of stress and anxiety. Scientific research has shown that increased levels of stress are associated with higher rates of depression, cardiovascular disease, gastrointestinal complications and sleep disorders. VitaRelax is a combination of natural substances already found in your body. This infusion contains gamma-aminobutyric acid (GABA), the neurotransmitter in the brain that causes a feeling of relaxation. VitaRelax also contains magnesium, glycine, and taurine. Magnesium acts to help reduce overall muscle tension, while glycine and taurine act synergistically with GABA to increase its relaxation effect.

0.9% Normal Saline 500 ml of fluids.

Magnesium plays an active role in over 600 biochemical reactions in the body including muscle relaxation, nerve signal conduction, regulates metabolism of proteins, DNA, fatty acids and carbohydrate.

Glycine plays an important role in building lean muscle mass, the production of growth hormone and reducing inflammation. It is also essential in the production and maintenance of collagen, therefore reducing the signs of aging. Important in reducing the effects of stress and anxiety, and in boosting mental performance and memory.

Taurine an amino acid that plays many pivotal roles in the body. Specifically, it stimulates growth of brain cells, reduces overstimulation of brain cells, lowers blood pressure, and reduces inflammation. It also plays a role in reducing synthesis of lipids and cholesterol associated with atherosclerosis.

GABA is an inhibitory neurotransmitter with multiple crucial properties. It functions to improve mood, focus, promote relaxation and reduce overall stress levels. GABA is produced by the body and is one of our endogenous neurotransmitters. Low levels of GABA have been linked to depression, anxiety, sleep disorders.