



# VitaFuse

Don't let your migraine headache stop you from enjoying life. We at Vita-Fuse empathize with those suffering from the debilitating effects of recurrent migraines. That is why we created an infusion specifically designed to alleviate migraine symptoms. We combine IV hydration, magnesium and B6 with IV prescription medicine shown to be effective at relieving migraine symptoms.

**0.9% Normal Saline** 500-1000 ml of fluids.

**Magnesium** plays an active role in over 600 biochemical reactions in the body including muscle relaxation, nerve signal conduction, regulates metabolism of proteins, DNA, fatty acids and carbohydrate.

**B6 (Pyridoxine)** plays an important role in healthy metabolism, nerve functions, skin health and increasing overall energy. It is also FDA approved for the treatment of nausea/vomiting in pregnancy.

The patient may choose between the following medication options below based on personal preference, allergy to one and not the other or your Infusion Specialist may make a recommendation for you.

**(Option 1) Toradol** is a prescription strength anti-inflammatory that is widely used to treat moderate to severe pain. Toradol contains no narcotic and thus is not habit forming.

**(Option 2) Benadryl** is a prescription strength antihistamine that is useful for allergies and acute headaches. It may cause sedation and so may aid in sleep as well.

**(Option 1) Reglan** is a prescription strength anti-nausea medicine. It is also effective in the treatment of migraine headaches and can cause drowsiness. Reglan is also commonly used in diabetic patients that have certain GI complications.

**(Option 2) Phenergan** is a prescription strength anti-nausea medicine, that is also very effective for the treatment of acute migraines. It tends to be more sedating than Reglan and Zofran.



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