

A solid black circle containing the word "Glucosamine" in white text.

Glucosamine

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Glucosamine is a compound naturally found within the cartilage of joints. It acts as one of the body's natural shock absorbers and joint lubricant. It improves overall joint health and reduces pain and stiffness associated with osteoarthritis. It also reduces the joint damage caused by athletic activity. Glucosamine has also been shown to improve digestion and improve inflammatory bowel disease.



Vita-Fuse